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When you arrive on the morning of your Trek & Tipi camp, to make the trek a lot more enjoyable, you will leave your camp gear with us and we will transport it to the camp site. You will be trekking with your day sack only so, to save a lot of unpacking in the car park, please ensure your packs are split accordingly between day stuff and over night things.

ESSENTIAL

-  Daysack (rucksac up to around 30L)  Walking boots
-  Sleeping bag (rated to zero degrees celcius)  Outdoor trousers/shorts (No jeans!)
-  Headtorch/Torch  Suitable shirt/t-shirt/baselayer
-  Wash Kit, including towel  Warm sweater or a fleece
-  Insect repellent  Waterproof jacket and over trousers
-  Water bottle (minimum 1L)  Gloves
-  Suncream  Warm hat
-  Walking snacks (chocolate, nuts, dried fruit)  Any personal medication

OPTIONAL

-  Map - Ordnance Survey OL4 North West Lakes  Compeed plasters (blisters are not fun!)
-  Compass (base plate type)  Trainers (camp use only!)
-  Travel Pillow  Spare set of camp clothes
-  Sunglasses  Outdoor gadgets (we love to see new gadgets!)
-  Sun hat  T-shirt/shorts to sleep in - tipis are generally shared
-  Camera  Personal first aid kit (there will be a group first aid kit at the camp and with your guide during the trek)
-  Walking poles